

Elementary Feeder Schools of Mater Dei and Memorial
COVID-19 Return to Play Guidance Document

	Phase I July 6 - 19	Phase II July 20 - August 14	Phase III August 15
School Facilities	Open July 6 to essential personnel and participants.	Open to essential personnel and participants	Open
Fall Season Start Dates	Volleyball - July 13	Girls Soccer - July 20 Boys/Girls Cross Country - August 3 Football Grades 2-7 - August 3	
Student-Athlete Participation	15 total hours on campus per week. 4 conditioning sessions per week at three hours each. Same sport may not practice on consecutive days. All summer activities are voluntary.	Normal guidelines apply.	Normal guidelines apply.
Self-Assess	Students, coaches, volunteers, parents should adhere to the self-assess checklist. (Provide resource)	Students, coaches, volunteers, parents should adhere to the self-assess checklist. (Provide resource)	Students, coaches, volunteers, parents should adhere to the self-assess checklist. (Provide resource)
Social Distancing	Encouraged	Encouraged	Encouraged
Face Coverings	Any student who prefers to wear a face-covering for activities should be allowed if doing so will not cause a health risk.	Any student who prefers to wear a face-covering for activities should be allowed if doing so will not cause a health risk.	Any student who prefers to wear a face-covering for activities should be allowed if doing so will not cause a health risk.

Face Coverings (continued)	Consider masks when physical distancing is a challenge.	Consider masks when physical distancing is a challenge.	Consider masks when physical distancing is a challenge.
People Allowed in Attendance	Essential Personnel Only - No parents, spectators, etc.	Essential Personnel Only - No parents, spectators, etc.	Spectators allowed but should implement social distancing.
Alternate Command Structure	Command structure for coaching staff should be established in case of illness.	Command structure for coaching staff should be established in case of illness.	Command structure for coaching staff should be established in case of illness.
Attendance	Attendance must be taken in case contact tracing is necessary.	Attendance must be taken in case contact tracing is necessary.	Attendance must be taken in case contact tracing is necessary.
COVID-19 Training	Proper COVID Training (link to be provided) is required of all coaches and volunteers.	Proper COVID Training (link to be provided) is required of all coaches and volunteers.	Proper COVID Training (link to be provided) is required of all coaches and volunteers.
COVID-19 Symptoms	Any person with COVID-19 symptoms is referred to his or her health care provider and is not allowed to participate.	Any person with COVID-19 symptoms is referred to his or her health care provider and is not allowed to participate.	Any person with COVID-19 symptoms is referred to his or her health care provider and is not allowed to participate.
Locker Room	No locker room use.	Locker rooms are open - practice social distancing when possible. If locker rooms or meeting rooms are used, 50% capacity is recommended when possible.	Locker rooms are open - practice social distancing when possible. If locker rooms or meeting rooms are used, 50% capacity is recommended when possible.
Gathering Size	Decreased as much as possible to reduce risk - 50% in large areas such as weight rooms.	Decreased as much as possible to reduce risk - 50% in large areas such as weight rooms.	Decreased as much as possible to reduce risk - larger than 50% capacity in large areas is allowed if you must.

Equipment	If equipment is to be shared, it is to be cleaned prior to use and immediately following usage.	If equipment is to be shared, it is to be cleaned prior to use and immediately following usage.	If equipment is to be shared, it is to be cleaned prior to use and immediately following usage.
Student-Athlete Responsibility	Students are expected to wash workout clothing immediately after practices and wash hands for a minimum of 20 seconds.	Students are expected to wash workout clothing immediately after practices and wash hands for a minimum of 20 seconds.	Students are expected to wash workout clothing immediately after practices and wash hands for a minimum of 20 seconds.
Weightlifting	No exercises requiring a spotter can be used.	Free weight exercises requiring a spotter can be conducted.	Free weight exercises requiring a spotter can be conducted.
Contact Sports	No contact	Contact is allowed as defined by the Indiana High School Athletic Association. (provide link)	Contact is allowed as defined by the Indiana High School Athletic Association. (provide link)
Hydration Stations	No use of shared hydration stations. Personal water bottles only.	No use of shared hydration stations. Personal water bottles only.	No use of shared hydration stations. Personal water bottles only.
Facility Maintenance	Cleaning schedules should be created and implemented for all facilities and equipment. Restrict access to non-essential locations within school buildings.	Cleaning schedules should be created and implemented for all facilities and equipment. Restrict access to non-essential locations within school buildings.	Cleaning schedules should be created and implemented for all facilities and equipment. Restrict access to non-essential locations within school buildings.
Individual Athlete Gear and Equipment	No sharing of clothing, shoes, towels, water bottles, etc.	No sharing of clothing, shoes, towels, water bottles, etc.	No sharing of clothing, shoes, towels, water bottles, etc.