

COVID-19 Self-Screening Checklist

Before sending your child to school or a school-related event please complete the checklist below.

- Does your child exhibit any of the following symptoms?
 - a. Fever of 100 degrees Fahrenheit or higher
 - b. Sore throat
 - c. New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
 - d. Diarrhea, vomiting, or abdominal pain
 - e. New onset of severe headache, especially with a fever
 - f. Loss of taste or smell

- Is your child considered a close contact? A close contact is anyone who:
 - a. was within six feet of a positive person for more than 15 minutes total in a day.
 - b. has had physical contact with a positive person.
 - c. has had direct contact with the respiratory secretions of a positive person.
 - d. lives with or has stayed overnight for at least one night in a household with a positive person.

If the answer is YES to any of the above, DO NOT send your child to school or to any school-related event. Instead, isolate your child and contact your healthcare provider, the local health department and your school principal. Thank you for your cooperation.

Note: Please call your medical provider for any other symptoms that are severe or concerning to you.